



**Raffi K. Krikorian, M.D., FACC, RVT**  
**Irakli Shengelia, PA-C, MMS**

## **PRE-VISUAL SCLEROTHERAPY INSTRUCTIONS**

**You are scheduled for Visual Sclerotherapy (injections of varicose veins and spider veins) on: \_\_\_\_\_.**

- 1. Please do not take any Aspirin products, Motrin supplements, Vitamin E or Iron supplements for 4 days before and 4 days after your procedure.**
- 2. No antibiotic that ends in the word Cycline for 2 weeks prior to your procedure.**
- 3. For your comfort we ask that you please bring a pair of shorts to wear during your procedure.**
- 4. Please do not use any lotions or creams on your legs the day of your appointment.**
- 5. You cannot have a tan of any kind (including self tanning lotions and tanning beds) at the time of your procedure or for 8 weeks after your procedure.**
- 6. Keep yourself well hydrated with water, juice, and milk, including the morning of the injections. Avoid caffeine-containing drinks (i.e. coffee, tea, and soda) and chocolate.**
- 7. If you take Coumadin (warfarin), hold one dose the night before.**

**If you have any questions, please don't hesitate to call me at:  
Toll-free 1-877-849-0923.**